

Certificate in Child Psychology and Counselling

Modules Synopses



1. Child Psychology

Theories of Child Development

This module covers the basics of how we get our knowledge and information about children - how research on children's behaviour is conducted. It includes the ideas and principles – the major developmental theories - that we use to explain children's behaviour and structure our information about them.

Developmental Stages and Processes

This module covers the developmental stages of a child from age 0 - 12. It focuses on the major milestones of developments in areas of cognitive development, language and literacy development, physical development, social and emotional development.

2. Counselling

Counselling Theories

This module will cover the importance and functions of counselling. Students will acquire knowledge in the history, concepts, strengths and limitations of the different models of psychotherapy.

Counselling Skills

This module covers the basics skills and ethics in counselling. It includes the key attributes of a counsellor and trains the students to have skills in active listening, attending and problems solving in relation to counselling. Students will also be practicing techniques from the Egan's model and applications of psychotherapy for children.

